

## Resources for Finding a Career: Student Worksheet

**Goal:** You will complete an **Intelligences** assessment in order to learn about careers that match your interests and skills.

### Part I: Introduction – Bell Work

- Sign in to **CaliforniaColleges.edu**.
- Hover on **Career** at the top of the page and click on **Intelligences**.
- Complete the assessment.

### Part II: Activity

1. Take a few minutes to read your results in the **Intelligences and You** section. Next, click on the tabs of your top three intelligences and read about them.
2. Describe your intelligence profile (results) to an elbow partner. Consider: What do your results mean? What are your strengths?
3. Scroll down to the **Career and Pathways** section. Write down five careers that sound interesting to you here:

CAREERS OF INTEREST:	
1	
2	
3	
4	
5	

4. From the **Career and Pathways** section, click on the career that interests you most so you can learn more about it. This will take you to the career factsheet. Review the **Skills** section of the factsheet (you will need to scroll to the bottom of the page to see this section).
5. Reflect on the skills you see listed. Are these skills you already have? Skills you want to develop? How can you develop the skills you need? If you agree the career may be a good fit, favorite it by clicking on the ♥ at the very top of the page; it will save to your **My Plan**. If you are unsure about the career, check out the **Related Careers** and review the factsheets of other careers. Favorite those you like.
6. Repeat steps #4 and #5 for all five careers that you selected.

### Part III: Reflect

- Go to **My Plan** and then **My Journal**. In the **Career Journal** section, find **prompt #07**:  
*“What is your intelligence profile? What careers are a good match for your skills? Identify and describe one way you can strengthen a skill this year to help you meet your career goals.”*
- Respond to the above prompt. Follow your teacher’s instructions if they assign a different prompt.