

What Do I Like?: Interest Profiler (6.2)

Goal: Students will evaluate their personal interests and explore matching career options in order to identify potential career paths that align with their interests and strengths.

Lesson Time Options

This lesson requires one 45-60 minute class period.

Student Materials

- Chromebook/Laptop
- Internet Access
- Worksheet

In This Packet

This packet includes everything you need to complete the lesson.

- Educator Guide
- Student Worksheet

Standards

The literacy skills of Common Core can be broken down into sections – reading, writing, and speaking and listening (language skills are outside of the focus of CaliforniaColleges.edu). In the lesson, students will practice the following skills:

Common Core Skill	Practiced in this Lesson
Reading for Information	CCR – Reading 4, 7; Reading Information – 4, 7
Narrative Writing	CCR-Writing 3; Writing 3

21st Century Skills

Students in today's classrooms are learning not only academic skills and content, but how to be productive members of global communities. There are work habits, experiences, and skills that students need to develop to be ready for higher education and careers.

21 st Century Skill	Practiced in this Lesson
Critical Thinking	X
Digital Skills	X
Self-Reflection	X

What Do I Like?: Interest Profiler: Educator Guide

Goal: Students will evaluate their personal interests and explore matching career options in order to identify potential career paths that align with their interests and strengths.

Recommended Preparation

- Review the **Student Worksheet**. The worksheet provides clear instructions for students to complete the lesson. Determine how you will use the worksheet.

Getting Started

- You may print the **Student Worksheet** for students or embed the link in the materials you share with students.

Guiding Question

How can our interests help us choose a career?

Bell Work (5 minutes)

- Students will answer the bell work question: “What do I like to study at school? What do I like to do outside of school?”
- Allow 2-3 timed minutes past the bell for this work.

Introduction (20-30 minutes)

- Students should sign in to the platform and take the **Interest Profiler** assessment.
 - If you have students who will benefit from completing the paper version Interest Profiler, click [here](#). Please note, those results cannot be uploaded to CaliforniaColleges.edu.
- Students can review their results with a partner.

Activity (30 minutes)

1. Students will use the platform to search careers based on their results.
2. Within career factsheets, students will examine the relationship between their interests and the education required for each career.
3. Students will choose their favorite careers, save them to **My Career Plan**, and review their lists.

Reflection (5-10 minutes)

- Direct students to **My Journal** to respond to the prompt indicated in the student worksheet (*prompt #10: “Why is it important to choose a career that aligns to your interests?”*). You may also assign an alternative prompt.
- Optional: direct students to upload their completed worksheet to **My Documents**, found under **My Plan**.

What Do I Like?: Interest Profiler: Student Worksheet

Goal: You will evaluate your personal interests and explore matching career options in order to identify potential career paths that align with their interests and strengths.

Part I: Introduction – Bell Work

What do I like to study at school? What do I like to do outside of school?

Now,

- Sign in to **CaliforniaColleges.edu**.
- Hover on **Career** at the top of the page, and then click on **Interest Profiler**.
- Complete the assessment.
- Review your results.

Part II: Activity

1. Your **Interest Profiler** results will include careers that may interest you. Explore these careers by clicking on the career titles. Review the entire factsheet for each career, paying special attention to related careers and what to study.
2. When you find careers you may like ♥ (favorite) them and they will be saved in the career section of your **My Plan**.
3. You may also conduct a more general career search using the **Career Search Tool**. Navigate to **Career** and then to **Career Search Tool**.
4. Search careers by keyword, Bright Outlook, or Industry. Try a search using each of these filters.
5. Again, when you find careers you may like, ♥ (favorite) them.
6. When you have finished researching careers, review your careers. To do this, select **My Plan** at the top of the page, then **My Career Plan**, and look at your career list.

Part III: Reflect

- Go to **My Plan** and then **My Journal**. In the **Career Journal** section, find **prompt #10**:
“*Why is it important to choose a career that aligns to your interests?*”
- Respond to the above prompt. Follow your teacher’s instructions if they assign a different prompt.