

How Do I Learn?: A Learning & Productivity Assessment (8.1)

Goal: Students will complete a learning and productivity inventory in order to reflect on ways they can optimize their learning environments for better focus and productivity.

Lesson Time Options

This lesson requires one 45-60 minute class period.

Student Materials

- Chromebook/Laptop
- Internet Access
- Worksheet

In This Packet

This packet includes everything you need to complete the lesson.

- Educator Guide
- Student Worksheet

The literacy skills of Common Core can be broken down into sections – reading, writing, and speaking and listening (language skills are outside of the focus of CaliforniaColleges.edu). In the lesson, students will practice the following skills:

Common Core Skill	Practiced in this Lesson
Reading for Information	CCR-Reading 1, 2, 7; Reading for Information 1, 2, 3, 4
Narrative Writing	CCR-Writing 3; Writing 3

21st Century Skills

Students in today's classrooms are learning not only academic skills and content, but how to be productive members of global communities. There are work habits, experiences, and skills that students need to develop to be ready for higher education and careers.

21 st Century Skill	Practiced in this Lesson
Critical Thinking	X
Digital Skills	X

How Do I Learn?: A Learning & Productivity Assessment: Educator Guide

Goal: Students will complete a learning and productivity inventory in order to reflect on ways they can optimize their learning environments for better focus and productivity.

Recommended Preparation

- Review the **Student Worksheet**. The worksheet provides clear instructions for students to complete the lesson. Determine how you will use the worksheet.

Getting Started

- You may print the **Student Worksheet** for students or embed the link in the materials you share with students.

Guiding Question

- How can our knowledge of our preferences and strengths help us maximize our efforts in school and in life?

Bell Work (20 minutes)

- Students will sign in to **CaliforniaColleges.edu**.
- Students will complete the **Learning & Productivity** inventory (navigation: students will hover over **Career** and then click on **Learning & Productivity** and complete the inventory.).

Activity (25 minutes)

1. Students will review their results and reflect on the ways the results supported things they already know about themselves and also identify new information to consider.
2. Students will write a description of their ideal learning environment and then share their description with an elbow partner.
3. Ask for volunteers to share what they learned about themselves with the entire class.

Reflection (5-10 minutes)

- Direct students to **My Journal** to respond to the prompt indicated in the student worksheet (*prompt #02: "How can you change your environment to make sure you are doing your best learning?"*). You may also assign an alternative prompt.
- Optional: direct students to upload their completed worksheet to **My Documents**, found under **My Plan**.

How Do I Learn?: A Learning & Productivity Assessment: Student Worksheet

Goal: You will complete a learning and productivity inventory in order to reflect on ways you can optimize your learning environments for better focus and productivity.

Part I: Introduction – Bell Work

- Sign in to **CaliforniaColleges.edu**.
- At the top of the page, hover over **Career** and then click on **Learning & Productivity** and complete the inventory. Take your time to carefully review and consider each statement. There are no right or wrong answers.

Part II: Activity

1. Take time to thoroughly review your results.
2. Which preferences make sense to you and reflect what you already know about yourself? Why?
3. Which preferences either surprise you or are new to you? Why?
4. Based on your results, write a brief description of what your perfect learning environment is.
5. Share your description with an elbow partner.

Part III: Reflect

- Go to **My Plan** and then **My Journal**. In the **Academic Journal** section, find **prompt #02**:
“How can you change your environment to make sure you are doing your best learning?”
- Respond to the above prompt. Follow your teacher’s instructions if they assign a different prompt.