

Success, School, Self (9.1)

Goal: Students will explore potential careers and identify corresponding degrees, programs, and majors in order to align their high school efforts with their future aspirations.

Lesson Time Options

This lesson requires one 45-60 minute class period.

Student Materials

- Chromebook/Laptop
- Internet Access
- Worksheet

In This Packet

This packet includes everything you need to complete the lesson.

- Educator Guide
- Student Worksheet

Standards

The literacy skills of Common Core can be broken down into sections – reading, writing, and speaking and listening (language skills are outside of the focus of CaliforniaColleges.edu). In the lesson, students will practice the following skills:

| Common Core Skill | Practiced in this Lesson |
|-------------------|--|
| Narrative Writing | CCR-Writing 3, 4, 9, 10; Writing 3, 4, 9, 10; CCR-Writing History, Science, and Technical 9, 10; Writing History, Science, and Technical 9, 10 |

21st Century Skills

Students in today's classrooms are learning not only academic skills and content, but how to be productive members of global communities. There are work habits, experiences, and skills that students need to develop to be ready for higher education and careers.

| 21 st Century Skill | Practiced in this Lesson |
|--------------------------------|--------------------------|
| Critical Thinking | X |
| Digital Skills | X |
| Making Connections | X |

Success, School, Self: Educator Guide

Goal: Students will explore potential careers and identify corresponding degrees, programs, and majors in order to align their high school efforts with their future aspirations.

Recommended Preparation

- Review the **Student Worksheet**. The worksheet provides clear instructions for students to complete the lesson. Determine how you will use the worksheet.

Getting Started

- You may print the **Student Worksheet** for students or embed the link in the materials you share with students.

Guiding Questions

How can a carefully selected career path help students create long and short term goals?

Bell Work (10 minutes)

- Instruct students to complete the bell work – the creation of a single SMART goal. They should enter it under **My Goals** on **CaliforniaColleges.edu**.

Introduction (10 minutes)

- Have students read **Choosing a Career** and discuss it with an elbow partner.

Activity (20 minutes)

1. Students will examine the careers they have saved in previous lessons. If they have none, they may look up careers they are interested in. For each career listed, students will look at the factsheet and examine the related occupations. Students will save career matches in **My Career Plan**.
2. Students will review the factsheets for three careers in more depth and identify related careers, degree types, programs, and majors.
3. Students will edit or add a new SMART goal as necessary to match their college and career goals.

Reflection (10 minutes)

- Direct students to **My Journal** to respond to the prompt indicated in the student worksheet (*prompt #02: “How will your long-term career goals help you reach your high school goals? What else can you do to help yourself achieve those goals? How can you keep yourself focused on those goals, even when life gets in the way?”*). You may also assign an alternative prompt.
- Optional: direct students to upload their completed worksheet to **My Documents**, found under **My Plan**.

Success, School, Self: Student Worksheet

Goal: You will explore potential careers and identify corresponding degrees, programs, and majors in order to align your high school efforts with your future aspirations.

Part I: Introduction – Bell Work

- Create one SMART goal you have for high school. For example, what classes do you want to take? What grades do you hope to achieve? Do you plan to apply to colleges? Do you hope to work or have internships? Do you hope to perfect skills in music, art, or a foreign language?
- Sign in to **CaliforniaColleges.edu** and go to **My Plan** at the top of the page, hover on the text, then select **My Goals**.
- Click on **Add Goal** and select the appropriate **Content Area**. Title your goal and create the SMART goal.

Part II: Activity

1. Hover over **Career** at the top of the page. Click on **Choosing a Career** under **Career Options**. Read the page and discuss it with an elbow partner.
2. Hover on **My Plan** at the top of the page and then select **My Career Plan**. Review your **Career List**. Are these careers that still interest you? Are there other careers you want to add to your list? Revise your list as needed.
 - To remove a career from your list, click on the ♥ for the career you want to remove and follow the instructions.
 - To find more careers, hover on **Career** at the top of the page and then click on **Career Search Tool** and conduct a search. Review career factsheets and remember to ♥ (favorite) careers to add them to **My Career Plan** in your **My Plan**.
3. Select three careers on your **Career List** and examine them more closely by reading their factsheets. Then, complete the worksheet below.

| Original Career | Related Careers |
|----------------------------------|--|
| <i>Example: Graphic Designer</i> | <i>Advertising Manager, Interior Designer, Film Editor</i> |
| | |
| | |
| | |

4. From the same factsheets, identify the required degree type(s) and the programs and majors associated with the three careers you selected above. Add what you learn to the chart below.

| Career | Education Required | Related Programs & Majors |
|----------------------------------|--------------------------|--------------------------------|
| <i>Example: Graphic Designer</i> | <i>Bachelor's Degree</i> | <i>Design and Applied Arts</i> |
| | | |
| | | |
| | | |

5. Look briefly at your SMART goal and add to or edit it based on your results. Do you have a new career goal that requires more education? Do you need to alter your academic plan? Discuss your ideas with an elbow partner.

Part III: Reflect

- Go to **My Plan** and then **My Journal**. In the **Career Journal** section, find **prompt #02**:
“How will your long-term career goals help you reach your high school goals? What else can you do to help yourself achieve those goals? How can you keep yourself focused on those goals, even when life gets in the way?”
- Respond to the above prompt. Follow your teacher’s instructions if they assign a different prompt.