

## Success, School, Self: Student Worksheet

**Goal:** You will explore potential careers and identify corresponding degrees, programs, and majors in order to align your high school efforts with your future aspirations.

### Part I: Introduction – Bell Work

- Create one SMART goal you have for high school. For example, what classes do you want to take? What grades do you hope to achieve? Do you plan to apply to colleges? Do you hope to work or have internships? Do you hope to perfect skills in music, art, or a foreign language?
- Sign in to **CaliforniaColleges.edu** and go to **My Plan** at the top of the page, hover on the text, then select **My Goals**.
- Click on **Add Goal** and select the appropriate **Content Area**. Title your goal and create the SMART goal.

### Part II: Activity

1. Hover over **Career** at the top of the page. Click on **Choosing a Career** under **Career Options**. Read the page and discuss it with an elbow partner.
2. Hover on **My Plan** at the top of the page and then select **My Career Plan**. Review your **Career List**. Are these careers that still interest you? Are there other careers you want to add to your list? Revise your list as needed.
  - To remove a career from your list, click on the ♥ for the career you want to remove and follow the instructions.
  - To find more careers, hover on **Career** at the top of the page and then click on **Career Search Tool** and conduct a search. Review career factsheets and remember to ♥ (favorite) careers to add them to **My Career Plan** in your **My Plan**.
3. Select three careers on your **Career List** and examine them more closely by reading their factsheets. Then, complete the worksheet below.

Original Career	Related Careers
<i>Example: Graphic Designer</i>	<i>Advertising Manager, Interior Designer, Film Editor</i>

4. From the same factsheets, identify the required degree type(s) and the programs and majors associated with the three careers you selected above. Add what you learn to the chart below.

Career	Education Required	Related Programs & Majors
<i>Example: Graphic Designer</i>	<i>Bachelor's Degree</i>	<i>Design and Applied Arts</i>

5. Look briefly at your SMART goal and add to or edit it based on your results. Do you have a new career goal that requires more education? Do you need to alter your academic plan? Discuss your ideas with an elbow partner.

### Part III: Reflect

- Go to **My Plan** and then **My Journal**. In the **Career Journal** section, find **prompt #02**:  
*“How will your long-term career goals help you reach your high school goals? What else can you do to help yourself achieve those goals? How can you keep yourself focused on those goals, even when life gets in the way?”*
- Respond to the above prompt. Follow your teacher’s instructions if they assign a different prompt.