

Past and Future Me: Career Investigation (9.3)

Goal: Students will complete a career assessment in order to find careers that align with their interests.

Lesson Time Options

This lesson is part of the Past and Future Me Series (Lessons 9.3 – 9.5) and will require one 45-60 minute class period. The series requires a total of approximately three 45-60 minute class periods. (Note that 9.4 is an academic planning lesson that should be conducted by counselors and may take longer than 60 minutes, depending on the group of students.)

Student Materials

- Chromebook/Laptop
- Internet Access
- Worksheet

In This Packet

This packet includes everything you need to complete the lesson.

- Educator Guide
- Student Worksheet

Standards

The literacy skills of Common Core can be broken down into sections – reading, writing, and speaking and listening (language skills are outside of the focus of CaliforniaColleges.edu). In the lesson, students will practice the following skills:

Common Core Skill	Practiced in this Lesson
Reading for Information	CCR-Reading 1, 4; Reading for Information 1, 4
Argument Writing	CCR-Writing 2, 7, 9; Writing 3, 7, 9
Speaking and Listening	Speaking and Listening 2, 3

21st Century Skills

Students in today's classrooms are learning not only academic skills and content, but how to be productive members of global communities. There are work habits, experiences, and skills that students need to develop to be ready for higher education and careers.

21 st Century Skill	Practiced in this Lesson
Critical Thinking	X
Digital Skills	X
Backwards Planning	X
Goal Setting	X

Past and Future Me: Career Investigation: Educator Guide

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Recommended Preparation

- **Review the Student Worksheets** for all lessons in the series (9.3 – 9.5). The worksheets provide clear instructions for students to complete the lesson. Determine how you will use the worksheets.

Getting Started

- You may print the **Student Worksheet** for students or embed the link in the materials you share with students.

Guiding Question

What type of career do you see yourself pursuing and how can you make decisions in high school that will help you get there?

Bell Work (5 minutes)

- Students will answer these bell work questions: What do I like to do in school? What do I like to do outside of school?
- Allow 2-3 timed minutes past the bell.

Introduction (15-30 minutes)

- Students will sign into **CaliforniaColleges.edu** and take the **Interest Profiler** assessment.
 - If you have students who will benefit from completing the paper version Interest Profiler, click [here](#). Please note that paper results cannot be uploaded to **CaliforniaColleges.edu**.
- Students will review their results with a partner.

Activity (30 minutes)

1. Students will use **CaliforniaColleges.edu** to search for careers based on their results.
2. Within the career factsheets, students will examine the correlation between their interests and the education required for each career.
3. Students will choose their favorite careers and save them to their **My Plan**. Students will fill out the chart on their worksheet with the information they have learned.

Reflection (5-10 minutes)

- Direct students to **My Journal** to respond to the prompt indicated in the student worksheet (*prompt #09: "What progress have you made towards your college and career goals during your first year of high school? Did you make any decisions you regret? Did you make any decisions you were especially proud of?"*). You may also assign an alternative prompt.
- Optional: direct students to upload their completed worksheet to **My Documents**, found under **My Plan**.

Past and Future Me: Career Investigation: Student Worksheet

Goal: You will complete a career assessment in order to find careers that align with your interests.

Part I: Introduction – Bell Work

What do I like to do in school? What do I like to do outside of school?

Now,

- Sign in to **CaliforniaColleges.edu**.
- Navigate to **Career** and then to **Interest Profiler**.
- Complete the assessment.
- Review your results.

Part II: Activity

1. Your Interest Profiler results will include careers that may interest you. Explore these careers by clicking on the career titles. Review the entire factsheet for each career, paying special attention to related careers and what to study.
2. When you find careers you may like, ♥ (favorite) them, and they will be saved in the career section of your **My Plan**.
3. You may also conduct a more general career search using the **Career Search Tool**. Navigate to **Career** and then to **Career Search Tool**.
4. Search careers by keyword, Bright Outlook, or Industry. Try a search using each of these filters.
5. Again, when you find careers you may like, ♥ (favorite) them.
6. When you have finished researching careers, review your careers. To do this, select **My Plan** at the top of the page, then **My Career Plan** and look at your career list.
7. Given your preferred careers, use the worksheet below to reflect on the connection between your career interests, related college requirements, and what you can do in high school to eventually secure a career that interests you. Complete the chart for two of your career choices.

Career Goal	Related College Goal	High School Step
<i>Example: Become veterinarian</i>	<i>Attend UC Davis and earn my undergraduate degree, and then I will need another degree.</i>	<ol style="list-style-type: none"> 1. Take honors science classes 2. Earn a 3.8 or higher GPA 3. Volunteer at the SPCA for 40 hours

Part III: Reflect

- Go to **My Plan** and then **My Journal**. In the **College Journal** section, find **prompt #09**:
“What progress have you made towards your college and career goals during your first year of high school? Did you make any decisions you regret? Did you make any decisions you were especially proud of?”
- Respond to the above prompt. Follow your teacher’s instructions if they assign a different prompt.